



NURTURE

Clydebank High School

So what is Nurture?

Nurture, or using a nurturing approach, is about providing opportunities for children and young people to develop their social and emotional skills and understanding, in order to prepare them with the foundations that will help them build positive healthy relationships as they grow up. It can help to increase their skills, coping strategies and their overall resilience and wellbeing. These foundations will provide our children and young people with the basis to tackle their learning and improve their

Nurture interventions help to model a range of skills for children including:

- appropriate interactions and problem solving approaches
- social confidence
- competence
- resilience.

A nurture class can help a child:

- learn how to learn
- to develop skills at their pace
- to take part in a group
- to listen and share with others
- to make new friends
- to be able to regulate their own emotions and behaviour.

Nurture is something that can benefit everyone, it supports a targeted number and can significantly impact the low number of children who are most in need of additional support.



Nurture in Clydebank High School is based around six key nurturing principles that not only benefit children and young people most in need, but are principles that, when applied effectively, can support the social and emotional wellbeing of everyone.

